

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

2020EXTRAS	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
SYRUP: IRISH CREAM, GINGERBREAD; CINNAMON															YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	REFER PACK
SAUCE: CARAMEL						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	REFER PACK
SAUCE: DARK CHOCOLATE															YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	REFER PACK
CREAM						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	REFER PACK
MARSHMALLOWS															NO	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	REFER PACK
2021 FESTIVE DRINK (UK & ROI)	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
GINGERBREAD LATTE						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
MILLIONAIRE MOCHA						✓	✓								YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
SPICED VANILLA HOT CHOCOLATE						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
2021 SEASONAL SANDWICH	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
TURKEY & STUFFING SANDWICH (SAMWORTH)							WHEAT		✓						NO	NO	Although every care has been taken to remove bones some bones may remain	P+4 DAYS
SAUSAGE, CRANBERRY & BACON PANINI (SAMWORTH)							WHEAT								NO	NO	N/A	P+4 DAYS
FESTIVE TURKEY FEAST						✓	WHEAT, BARLEY	✓	✓		✓				YES	NO		REFER PACK
2021 SEASONAL BASKET ITEMS	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
MINCE PIES GALETA (INSIDE LONDON)						✓	WHEAT		✓						YES	NO		1 DAY
MINCE PIE BRAKES (OUTSIDE LONDON)		✓											✓		YES	YES	Although the product does not contain EGG and PEANUTS OR DERIVATIVES the ingredients are found within the production environment and therefore could pose a risk	REFER TO PACK
MINCE PIE ARYTZA						✓	WHEAT	✓	MC						YES	NO		REFER PACK

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

COFFEE/ ICED COFFEE/TEA DRINK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
COFFEE WITH WHOLE/SEMI-SKIMMED/SKIMMED						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
COFFEE WITH SOYA/COCONUT								✓							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
COFFEE WITH OAT							✓	OAT							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
CAFÉ MAYA WITH WHOLE/SEMI-SKIMMED/SKIMMED						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
CAFÉ MAYA WITH SOYA/COCONUT								✓							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
CAFÉ MAYA WITH OAT							✓	OAT							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
TEA ENGLISH BREAKFAST & DECAF, GREEN, PEPPERMINT, CHAMOMILE, ORGANIC REDBUSH															YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
HOT/ICED CHOCOLATE DRINK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
HOT CHOCOLATE SOYA/COCONUT								✓							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
HOT CHOCOLATE OAT							✓	OAT							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
STEAMERS®	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
CHAI STEAMER		MC				✓									YES	NO	THE PREMISES HANDLES: GLUTEN, SOYA,	
CHAI STEAMER SOYA/COCONUT						✓		✓							YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

EXTRAS	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
<b>SYRUP:</b> VANILLA; CARAMEL; GINGERBREAD; CINNAMON; FROSTED MINT; SALTED CARAMEL															YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
HAZELNUT SYRUP		✓ HAZELNUT													YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
<b>PUREE:</b> BANANA; STRAWBERRY															YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	4 WEEKS ONCE OPEN
COCONUT PUREE						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	4 WEEKS ONCE OPEN
HONEY															YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
CREAM						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
MARSHMALLOWS															NO	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
MILKSHAKES & YOGUSHAKES DRINK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
FROFFEE						✓									YES	NO		
FROFFEE MAYA						✓									YES	NO		
MILKSHAKE: PLAIN; CHOCOLATE; STRAWBERRY; BANANA; VANILLA; COCONUT; CARAMEL, SALTED CARAMEL						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
VEGAN MILKSHAKE - NEW								✓							YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, MILK	
SMOOTHIE	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
GREEN REVIVER (Kale,Mango,Banana,Lemongrass)															YES	YES		
ACAI KICK (Acai, Mango, Strawberries,Blueberries)															YES	YES		
MANGO WITH YOGHURT						✓									YES	NO	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	
MANGO WITHOUT YOGHURT															YES	YES	THE PREMISES HANDLES: GLUTEN, NUTS, OAT, SOYA, MILK	

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

BOTTLED JUICES UK & IRE	PEANUTS	NUTS (i.e. HAZELNUT, CAJAN, ALMOND, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
CUCUMBER & CELERY JUICE (CLEAN GREENS)												✓			YES	YES	THE FACTORY HANDLES: FISH, CRUSTACEANS, EGG, CELERY, MUSTARD, SESAME SEEDS, SOYA AND SULPHITES	REFER PACK
MANGO JUICE															YES	YES	THE FACTORY HANDLES: FISH, CRUSTACEANS, EGG, CELERY, MUSTARD, SESAME SEEDS, SOYA AND SULPHITES	REFER PACK
ORANGE JUICE															YES	YES	THE FACTORY HANDLES: FISH, CRUSTACEANS, EGG, CELERY, MUSTARD, SESAME SEEDS, SOYA AND SULPHITES	REFER PACK
SISÚ DAILY GREENS-IRE												✓			YES	YES		
SISÚ HEARTBEET-IRE															YES	YES	PRODUCTION FACILITY HANDLES CELERY	
SISÚ SIMPLY ORANGE-IRE															YES	YES	PRODUCTION FACILITY HANDLES CELERY	
FRUICE ORANGE JUICE-IRE															YES	YES		
INNOCENT MANGO AND PASSIONFRUIT-IRE															YES	YES		

**AMT COFFEE ALLERGEN INFORMATION 2021 V15**

COLD DRINKS-UK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
FEEL GOOD PEACH & PASSIONFRUIT SPARKLING WATER															YES	YES		REFER PACK
FEEL GOOD RHUBARB & APPLE SPARKLING WATER															YES	YES		REFER PACK
FEEL GOOD RASPBERRY & HIBISCUS SPARKLING WATER															YES	YES		REFER PACK
VILLAGE PRESS MANGO & PASSION FRUIT SMOOTHIE															YES	YES		REFER PACK
VILLAGE PRESS FRESHLY SQUEEZED ORANGE JUICE WITH BITS															YES	YES		REFER PACK

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

SNACKS/BASKET ITEMS	PEANUTS	NUTS (i.e. HAZELNUT, CAJSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
AMT BELGIAN CHOCOLATE FLAPJACK						✓	OAT	✓							YES	NO	THE BAKERY HANDLES SESAME SEEDS	70 DAY FROM PROD
AMT SHORTBREAD ORIGINAL RECIPE		MC				✓	WHEAT	MC	MC						YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	6 MONTHS
CINNAMON SPICED SHORTBREAD						✓	WHEAT								YES	NO	THE BAKERY HANDLES SESAME SEEDS	REFER PACK
AMT LUXURY BROWNIE BAR						✓	WHEAT	✓	✓						YES	NO	THE BAKERY HANDLES SESAME SEEDS	REFER PACK
AMT ROCKY ROAD BAR						✓	WHEAT	✓					✓		NO	NO	THE BAKERY HANDLES SESAME SEEDS, CONTAINS PORK GELATINE	70 DAY FROM PROD
GRANOLA BAR						✓	OAT			✓					YES	NO	THE BAKERY HANDLES SESAME SEEDS	REFER PACK
PANDORINO - ALL BUTTER		MC				✓	WHEAT	MC	✓						YES	NO	THE BAKERY HANDLES SOY, TREE NUTS AND SULPHITES	REFER PACK
PANETTONE FILLED WITH CHOCOLATE		MC				✓	WHEAT	MC	✓						YES	NO	THE BAKERY HANDLES SOY, TREE NUTS AND SULPHITES	REFER PACK
KITKAT						✓	WHEAT	✓							YES	NO		REFER PACK
PROPERCORN SWEET & SALTY															YES	YES	PACKED IN AN ENVIRONMENT THAT PACKS NUTS AND PEANUTS.	6 MONTHS
PROPERCORN LIGHTLY SALTED																	MADE IN A FACTORY THAT ALSO HANDLES MILK, MAY CONTAIN THE OCCASIONAL UN-POPPED KERNEL	6 MONTHS
CRANBERRY & SUPERSEED WHOLEFOOD BAR						✓	OAT						✓				PREMISES HANDLES WHEAT, SESAME, SOYA, MILK, EGG	REFER PACK
BRITISH CRISPS CHEESE & ONION-UK						✓									YES	NO		REFER PACK
BRITISH CRISPS SEA SALT-UK															YES	YES		REFER PACK
BRITISH CRISPS SALT & VINEGAR-UK															YES	YES		REFER PACK
BRITISH CRISPS SWEET CHILLI-UK															YES	YES		REFER PACK

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

SNACKS/BASKET ITEMS	PEANUTS	NUTS (i.e. HAZELNUT, CAJANPEANUT, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE	
AMT VEGAN COOKIE							✓	OAT, WHEAT							✓	YES	YES	MADE WHERE SESAME IS USED.	REFER PACK
AMT HAZELNUT BISCUIT		✓	HAZELNUT												YES	YES		REFER PACK	
AMT LEMON AND GINGER BISCUIT															YES	YES		REFER PACK	
AMT LOVE VEGAN - CACAO, ORANGE AND CASHEW		✓	CASHEW												YES	YES	FACTORY HANDLES OTHER TREE NUTS AND WHICH MAY BE PRESENT IN THE PRODUCT	REFER PACK	
AMT LOVE VEGAN - PEANUT AND CARAMEL	✓	MC													YES	YES	FACTORY HANDLES OTHER TREE NUTS AND WHICH MAY BE PRESENT IN THE PRODUCT	REFER PACK	
KEOGH'S MATURE IRISH CHEDDAR & RED ONION-IRE						✓									YES	NO		REFER PACK	
KEOGH'S ATLANTIC SEA SALT AND IRISH CIDER VINEGAR-IRE						✓									YES	NO		REFER PACK	
KEOGH'S SHAMROCK AND SOUR CREAM-IRE						✓									YES	NO		REFER PACK	
KEOGH'S SWEET CHILLI AND IRISH RED PEPPER-IRE						✓									YES	NO		REFER PACK	
KEOGH'S CHORIZO AND CHERRY TOMATO-IRE						✓									YES	NO	CONTAINS PORK	REFER PACK	
KEOGH'S ATLANTIC SEA SALT AND BALSAMIC VINEGAR-IRE															YES	NO		REFER PACK	

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

SNACKS/BASKET ITEMS	PEANUTS	NUTS (i.e. HAZELNUT, CAJAN, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
CADBURY SNACK SANDWICH BAR-IRE		MC				✓	WHEAT, BARLEY MALT	✓							YES	NO		REFER PACK
CADBURY SNACK SHORTCAKE BAR-IRE		MC				✓	WHEAT								YES	NO		REFER PACK
TWIX-IRE		MC				✓	WHEAT	✓							YES	NO	MAY CONTAIN ALMONDS,HAZELNUT BARLEY, OATS, OTHER CEREALS CONTAINING GLUTEN	REFER PACK
WRIGLEY EXTRA PEPPERMINT GUM-IRE (Cork Airport)								✓							YES	NO		REFER PACK
WRIGLEYS EXTRA SPEARMINT- IRE (Cork Airport)								✓							YES	NO		REFER PACK
WRIGLEYS GUM AIRWAVES-IRE (Cork Airport)								✓										



## AMT COFFEE ALLERGEN INFORMATION 2021 V15

YOGHURTS (HOME MADE AMT)	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
EXOTIC FRUIT POT															YES	YES	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	24 HRS ONCE OPEN
DEL MONTE MANGO SLICED FRUIT BAG-UK															YES	YES		REFER PACK
DEL MONTE PINEAPPLE SLICED FRUIT BAG-UK															YES	YES		REFER PACK
RACHELS ORGANIC STRAWBERRY YOGHURT						✓									YES	NO	THE PREMISES HANDLES: GLUTEN (WHEAT, RYE, OAT, BARLEY)	REFER PACK
RACHELS ORGANIC LOW FAT VANILLA YOGHURT WITH GRANOLA		MC				✓	✓	WHEAT, RYE, BARLEY, OAT	MC	MC					YES	NO		REFER PACK

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

GALETA/METROW COOKIES BARS ONLY	UK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
CHOCOLATE AND HAZELNUT COOKIE		✓	HAZELNUT				✓ MC	WHEAT		✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS
FLOURLESS HAZELNUT AND CHOCOLATE COOKIE		✓	HAZELNUT							✓					YES	NO	THE PREMISES HANDLES: SOYA AND OTHER NUTS	AMBIENT – 5 days    FROZEN (- 18°c) - 3 months
TRIPLE CHOCOLATE		✓	HAZELNUT				✓ ✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS
OAT & RAISIN		MC					✓ ✓	OAT, WHEAT		✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

GALETA/METROW PASTRIES UK BARS ONLY	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
PLAIN CROISSANT	MC	MC				✓	✓	WHEAT	MC	✓	MC				YES	NO	MAY CONTAIN: NUTS, SOYA, PEANUTS, SESAME	EOD
ALMOND CROISSANT	MC	✓	ALMOND, MC-NUTS			✓	✓	WHEAT	MC	✓	MC				YES	NO	MAY CONTAIN: NUTS, SOYA, PEANUTS, SESAME	EOD
PAIN AU CHOCOLATE	MC	MC				✓	✓	WHEAT	MC	✓	MC				YES	NO	MAY CONTAIN: NUTS, SOYA, PEANUTS, SESAME	EOD
PAIN AUX RAISIN	MC	MC				✓	✓	WHEAT	MC	✓	MC				YES	NO	MAY CONTAIN: NUTS, SOYA, PEANUTS, SESAME	EOD
GALETA/METROW CAKES/MUFFIN UK BARS ONLY	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
SALTED CARAMEL BROWNIE		MC				✓	MC	✓	✓						YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS AT 3 C-5 C
PASTEL DE NATA TART		MC				✓	✓	WHEAT	✓						YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	1 DAY AT AMBIENT TEMP.
RASPBERRY MUFFIN						✓	✓	WHEAT	✓						YES	NO	THE PREMISES HANDLES: NUTS, SOYA	48 Hrs. AMBIENT
BLUEBERRY MUFFIN						✓	✓	WHEAT	✓						YES	NO	THE PREMISES HANDLES: NUTS, SOYA	48 Hrs. AMBIENT
ORANGE AND COCONUT MUFFIN						✓	✓	WHEAT	✓						YES	NO	THE PREMISES HANDLES: NUTS, SOYA	48 Hrs. AMBIENT
TRIPLE CHOCOLATE MUFFIN						✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: NUTS	48 Hrs. AMBIENT
VICTORIA SPONGE CAKE		✓	ALMOND			✓	✓	WHEAT	✓						YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS AT 3 C-5 C
CHOCOLATE CAKE		✓	ALMOND			✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS AT 3 C-5 C
TOFFEE & PECAN CHEESECAKE		✓	PECAN	✓		✓	✓	WHEAT	✓	✓					NO	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK NUTS, CONTAINS FISH GELATINE	3 DAYS AT 3 C-5 C
CARROT CAKE		✓	WALNUT			✓	✓	WHEAT	✓						YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS AT 3 C-5 C

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

ARYZTA PASTRIES/CRONUTS - UK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
PAIN AU CHOCOLATE		MC				✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	EOD
PLAIN CROISSANT		MC				✓	✓	WHEAT	MC	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	EOD
PAIN AUX RAISIN		MC				✓	✓	WHEAT	MC	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	EOD
ALMOND CROISSANT		✓	ALMOND			✓	✓	WHEAT	✓	✓	MC				YES	NO	MAY CONTAIN: OTHER NUTS (HAZELNUT, PECAN, PISTACHIO, MACADAMIA, WLANUT) AND SESAME SEEDS	EOD
CHOCOLATE HAZELNUT CROISSANT		✓	HAZELNUT			✓	✓	WHEAT	✓	✓					YES	NO	THE FACTORY HANDLES: GLUTEN, EGGS, SOYA, MILK, NUTS, CELERY, SESAME SEEDS, SULPHITES	EOD
VEGAN APRICOT CROISSANT		MC					✓	WHEAT	MC		MC				YES	YES	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	EOD
SUGARED CRONUT		MC				MC	✓	WHEAT	✓	MC					YES	YES	MAY CONTAIN TRACES OF NUTS, MILK,EGG	DAY OF DEFROST + 3 DAYS
DARK CHOCOLATE CRONUT		MC				✓	✓	WHEAT	✓	MC					YES	NO	MAY CONTAIN TRACES OF NUTS, EGG	DAY OF DEFROST + 3 DAYS

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

ARYZTA SAVOURY PASTRIES - UK	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
VEGAN SAUSAGE ROLL		MC					✓ WHEAT	✓					✓		YES	YES	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	4 HRS AMBIENT TEMPERATURE
BACON & CHEESE TURNOVER (UK)		MC				✓	✓ WHEAT								YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	AMBIENT/HOT HOLDING: 2 HRS
SPINACH & GOATS CHEESE TART (UK)		MC				✓	✓ WHEAT	MC	MC		MC				YES	NO	MAY CONTAIN EGG, MUSTARD, NUTS, SOYA	EOD
VEGAN SPICY CHICKPEA ROLL (UK)						MC	✓ WHEAT		MC						YES	YES	MAY CONTAIN TRACES OF MILK & EGG	EOD
ARYZTA MUFFINS/COOKIES	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
TRIPLE CHOCOLATE MUFFIN		MC				✓	✓ WHEAT	✓	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
BLUEBERRY CHEESECAKE MUFFIN						✓	✓ WHEAT	MC	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
ORANGE AND COCONUT MUFFIN		MC				✓	✓ WHEAT	MC	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
CARROT CAKE MUFFIN		MC				✓	✓ WHEAT	MC	✓						YES	NO	THE PRODUCT MAY CONTAIN NUTS AND SOYA	DAY OF DEFROST + 3 DAYS
BANOFFEE MUFFIN						✓	✓ WHEAT	✓	✓				✓		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
LEMON & WHITE CHOCOLATE MUFFIN		MC				✓	✓ WHEAT	✓	✓				✓		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
SUPER BERRY MUFFIN						✓	✓ WHEAT		✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
WHITE CHOCOLATE & MACADAMIA NUT COOKIE		✓	MACADAMIA			✓	✓ WHEAT	✓	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DOB+2 DAYS
DOUBLE CHOCOLATE COOKIE		MC				✓	✓ WHEAT	✓	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	DOB+2 DAYS
WHITE CHOCOLATE & CRANBERRY COOKIE		MC				✓	✓ WHEAT	✓	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	DOB+2 DAYS
CHUNKY CHOCOLATE COOKIE		MC				✓	✓ WHEAT	✓	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	DOB+2 DAYS

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

ARYZTA CAKES/TARTS	PEANUTS	NUTS (i.e. HAZELNUT, CAJEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. WHEAT, SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
PASTEL DE NATA		MC	MC			✓	WHEAT	✓	✓	MC		MC		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	EOD
CHEESECAKE SWIRL BROOKIE		MC				✓	WHEAT	✓	✓					YES	NO	THIS PRODUCT MAY CONTAIN TRACES OF NUTS	48 HRS 1-4 C
CHOCOLATE FUDGE BROWNIE		MC				✓	WHEAT	✓	✓			MC		YES	NO	THIS PRODUCT MAY CONTAIN TRACES OF SULPHITE & NUTS	DAY OF DEFROST + 5 DAYS
CARAMEL MILLIONAIRE	MC	MC				✓	WHEAT							YES	NO	THIS PRODUCT MAY CONTAIN TRACES OF NUTS AND PEANUTS	96 HRS 1-4 C
CHOCOLATE MOUSSE		✓	ALMOND, HAZELNUT			✓	WHEAT, BARLEY	✓	✓					NO	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	12 HRS AT 1-4 C
PECAN PIE TART		✓	PECAN			✓	WHEAT		✓					YES	NO	MAY CONTAIN OTHER TYPES OF NUTS, SOYA AND SULPHITES	48 HRS 1-4 C
CRÈME CARAMEL AND PRALINE MOUSSE		✓	ALMOND, HAZELNUT			✓	WHEAT	MC	✓	MC				NO	NO	THE PRODUCT MAY CONTAIN TRACES OF OTHER KIND OF NUTS, SESAME SEEDS, SOYA AND BEEF GELATINE	24 HRS 1-4 C
CHOCOLATE FUDGE CAKE						✓	WHEAT	✓	✓					YES	NO	THIS PRODUCT IS MADE IN A FACTORY THAT HANDLES THE FOLLOWING ALLERGENS: GLUTEN, EGG, MILK, SOYA, SULPHITES & NUTS.	72 HRS 1-4 C
CARROT CAKE		✓	WALNUT			✓	WHEAT		✓				✓	YES	NO	THIS PRODUCT IS MADE IN A FACTORY THAT HANDLES THE FOLLOWING ALLERGENS: GLUTEN, EGG, MILK, SOYA, SULPHITES & NUTS.	72 HRS 1-4 C
BANANA AND WALNUT SLICE		✓	WALNUT			✓	WHEAT	✓	✓					YES	NO	MAY ALSO CONTAIN TRACES OF PEANUTS OTHER NUTS (ALMONDS, PECANS, HAZELNUTS) & MILK.	24 HRS 1-4 C
LEMON TARTLET		MC				✓	WHEAT	✓	✓					NO	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	48 HRS 1-4 C
RASPBERRY & WHITE CHOCOLATE TARTELETTE	MC	✓	ALMOND			✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA. MAY CONTAIN PEANUTS AND OTHER NUT	24 HRS 1-4 C
RED VELVET CAKE						✓	WHEAT		✓					YES	NO	THE PRODUCT MAY CONTAIN TRACES OF NUTS CONTAINS BEEF GELATINE. THE PRODUCT MAY CONTAIN FISH EGGS AND EGG	72 HRS 1-4 C
MANGO PANACOTTA AND SHORTBREAD		✓	ALMOND			✓	WHEAT		✓					NO	NO	BASED PRODUCTS SESAME SULPHITES SHELLFISH MOLLUSC MUSTARD CELERY SOY PEANUTS, LUPINE AND OTHER NUTS	24 HRS 1-4 C

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

ARYZTA CAKES/TARTS	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
RASPBERRY & STRAWBERRY TIRAMISU						✓	✓ WHEAT	✓	✓						NO	NO	CONTAINS PORK GELATINE. THE PRODUCT MAY CONTAIN TRACES OF MOLLUSCS, FISH, SHELLFISH, MUSTARD, CELERY, SULPHITES, NUTS, PEANUTS, LUPINE AND SESAME.	24 HRS 1-4 C
CAPPUCCINO MOUSSE	MC	✓ ALMOND	MC	MC	MC	✓	✓ WHEAT	✓	✓	MC	MC	MC	MC	MC	NO	NO	CONTAINS FISH GELATINE. THIS PRODUCT MAY CONTAIN SESAME, CELERY, MUSTARD, MOLLUSCS, SHELLFISH, SULPHITES, PEANUTS, LUPINE AND OTHER NUTS	24 HRS 1-4 C
PASSIONFRUIT MERINGUE TART	MC	MC	MC	MC	MC	✓	✓ WHEAT	MC	✓	MC	MC	MC	MC	MC	NO	NO	CONTAINS BEEF GELATINE. MAY CONTAIN SOYA AND PRODUCTS THEREOF, EGG AND PRODUCTS THEREOF, SULPHITES MOLLUSCS CRUSTACEANS, FISH, MUSTARD, CELERY, SESAME LUPIN, PEANUTS AND NUTS	24 HRS 1-4 C
TEACAKE							✓ WHEAT								YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	3 DAYS AT 3 C-5 C
ARYZTA-TRAYBAKE	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
BROWNIE SQUARES																		
BROWNIE SQUARES WITH CHOCO CHUNK																		
DIGESTIVE CARAMEL SLICE	MC	MC				✓	✓ WHEAT								YES	NO	THE PRODUCT MAY CONTAIN TRACES OF NUTS AND PEANUTS	
BRAKES PRE-BAKED PASTRIES NEWCASTLE ONLY	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
PLAIN CROISSANT						✓	✓ WHEAT		✓						YES	NO		24HRS
PAIN AU CHOCOLATE						✓	✓ WHEAT	✓	✓						YES	NO		24HRS
PAIN AUX RAISIN		MC ALMOND, HAZELNUT, PECAN				✓	✓ WHEAT	MC	✓						YES	NO	THIS PRODUCT MAY CONTAIN TRACES OF SOYA, ALMOND, HAZELNUT AND PECAN NUT.	24HRS
APPLE DANISH						✓	✓ WHEAT		✓						YES	NO		24HRS

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

CINNAMON & FRUIT DANISH						✓	✓	WHEAT		✓						YES	NO		24HRS
RED FRUIT DANISH						✓	✓	WHEAT		✓						YES	NO		24HRS
ONION & CHEESE ROLL (UK-BRAKES)		MC				✓	✓	WHEAT								YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	AMBIENT/HOT HOLDING: 2 HRS



## AMT COFFEE ALLERGEN INFORMATION 2021 V15

ARYZTA PASTRIES - IRE	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
PAIN AU CHOCOLATE		MC				✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	EOD
PLAIN CROISSANT		MC				✓	✓	WHEAT	MC	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	EOD
PAIN AUX RAISIN		MC				✓	✓	WHEAT	MC	✓					YES	NO	THE PREMISES HANDLES: NUTS, OAT, SOYA, MILK	EOD
ALMOND CROISSANT		✓	ALMOND			✓	✓	WHEAT	✓	✓	MC				YES	NO	MAY CONTAIN: OTHER NUTS (HAZELNUT, PECAN, PISTACHIO, MACADAMIA, WLANUT) AND SESAME SEEDS	EOD
CHOCOLATE HAZELNUT CROISSANT		✓	HAZELNUT			✓	✓	WHEAT	✓	✓					YES	NO	THE FACTORY HANDLES: GLUTEN, EGGS, SOYA, MILK, NUTS, CELERY, SESAME SEEDS, SULPHITES	EOD
MINI APPLE STRUDEL		MC				✓	✓	WHEAT	✓	✓	MC				YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	EOD
RASPBERRY VEGAN CROISSANT		MC				MC	✓	WHEAT	MC	MC	MC				YES	YES	THE PRODUCT MAY CONTAIN TRACE NUTS, SESAME SEEDS, SOYA, MILK , EGGS	EOD
VEGAN APRICOT CROISSANT		MC					✓	WHEAT	MC	MC					YES	YES	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	EOD
ARYZTA MUFFINS/COOKIES - IRE	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
TRIPLE CHOCOLATE MUFFIN		MC				✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
BLUEBERRY CHEESECAKE		MC				✓	✓	WHEAT		✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
MEGA BERRY MUFFIN		MC				✓	✓	WHEAT	MC	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
SKINNY BLUEBERRY MUFFIN		MC				✓	✓	WHEAT	MC	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
LEMON & WHITE CHOCOLATE MUFFIN		MC				✓	✓	WHEAT	✓	✓			✓		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DAY OF DEFROST + 3 DAYS
CRANBERRY CHEESE CAKE MUFFIN						✓	✓	WHEAT	MC	✓					YES	NO	PRODUCT MAY CONTAIN TRACES OF SOYA	24 HRS AT RT

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

WHITE CHOCOLATE & MACADAMIA NUT COOKIE		✓	MACADAMIA				✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	DOB+2 DAYS
DOUBLE CHOCOLATE COOKIE		MC					✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	DOB+2 DAYS
WHITE CHOCOLATE & CRANBERRY COOKIE		MC					✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	DOB+2 DAYS
CHUNKY CHOCOLATE COOKIE		MC					✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	DOB+2 DAYS
<b>ARYZTA CAKES - IRE</b>																			
	PEANUTS		NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
PORTUGUESE CUSTARD TART (IRE)		MC		MC			✓	✓	WHEAT	✓	✓	MC	MC			YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, EGG, SOYA	EOD
CHOCOLATE BROWNIE (IRE)	MC	MC					✓		WHEAT	✓	✓					YES	NO	PRODUCT MAY CONATIN TRACES OF NUTS,PEANUTS	3 DAYS
MINT CHOCOLATE SLICE	MC	MC					✓	✓	WHEAT	✓						YES	NO	PRODUCT MAY CONATIN TRACES OF NUTS,PEANUTS	ONCE DEFROST 4 DAYS 1-4 C
COCOA BAVAROIS SLICE (IRE)		✓	ALMOND, HAZELNUT				✓	✓	WHEAT, BARLEY MALT FLOUR	✓	✓					NO	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	12 HRS AT 1-4 C
CRÈME CARAMEL BAVAROIS (IRE)		✓	ALMOND, HAZELNUT				✓	✓	WHEAT	MC	✓	MC				NO	NO	THE PRODUCT MAY CONTAIN TRACES OF OTHER KIND OF NUTS, SESAME SEEDS, SOYA AND BEEF GELATINE	24 HRS 1-4 C
<b>ARYZTA CAKES - IRE</b>																			
	PEANUTS		NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
LEMON MERINGUE TARTLET (IRE)		MC					✓	✓	WHEAT, MALT	MC	✓					NO	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	48 HRS 1-4 C
FLOURLESS STICKY TOFFEE CHEESECAKE (IRE)		MC					✓	✓	WHEAT	✓	✓					YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	48 HRS 1-4 C
TRIO OF CHOCOLATE MOUSSE(IRE)	MC	MC					✓	✓	WHEAT	✓	✓					NO	NO	MAY CONTAIN NUTS (HAZELNUT, WALNUTS, PECAN, PISTACHIO & ALMOND) AND PEANUTS	24 HRS 1-4 C
FRESH IRISH CREAM BANOFFEE PIE (IRE)		MC					✓	✓	WHEAT	✓	✓			✓		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	72 HRS 1-4 C

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

IRISH CREAM LIQUEUR & CHOCOLATE SPONGE CHEESECAKE (IRE)		MC					✓	✓	WHEAT, BARLEY MALT FLOUR	✓	✓			MC	✓		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	72 HRS 1-4 C
RASPBERRY & WHITE CHOCOLATE TARTELETTE (IRE)	MC	✓	ALMOND				✓	✓	WHEAT	✓	✓						YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	24 HRS 1-4 C
CHOCOLATE HAZELNUT CAKE (IRE)		✓	HAZELNUT				✓	✓	WHEAT	✓	✓				✓		YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA	72 HRS 1-4 C
FRUIT OF THE FORREST CHEESECAKE							✓	✓	WHEAT, WHOLEMEAL		✓						YES	NO	THIS PRODUCT IS MADE IN A FACTORY THAT HANDLES THE FOLLOWING ALLERGENS: GLUTEN, EGG, MILK, SOYA, SULPHITES & NUTS.	24 HRS 1-4 C
CARROT CAKE (IRE)		✓	HAZELNUT				✓	MC			✓				✓		YES	NO	THIS PRODUCT IS MADE IN A FACTORY THAT HANDLES THE FOLLOWING ALLERGENS: GLUTEN, EGG, MILK, SOYA, SULPHITES & NUTS.	72 HRS 1-4 C
CHOCOLATE ORANGE MARBEL CAKE	MC	MC					✓	✓	WHEAT	✓	✓						YES	NO	PRODUCT MAY CONTAIN TRACES OF NUTS , PEANUTS	ONCE DEFROST 4 DAYS 1-4 C
CARROT CAKE	MC	✓	WALNUT (MC OTHER NUTS)				✓	✓	WHEAT		✓						NO	NO	PRODUCT MAY CONTAIN TRACES OF OTHER NUTS , PEANUTS	ONCE DEFROST 4 DAYS 1-4 C
<b>IRE-NEW</b>	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE		
GLUTEN FREE LEMON MUFFIN						✓			✓						YES	NO	FACTORY HANDLES SOYA & SESAME	DAY OF DEFROST + 3 DAYS		
TRIPLE CHOCOLATE MUFFIN						✓	✓	WHEAT	✓	✓					YES	NO		DAY OF DEFROST		
BLUEBERRY MUFFIN						✓	✓	WHEAT		✓					YES	NO		DAY OF DEFROST		
TOFFEE APPLE MUFFIN						✓	✓	WHEAT	✓	✓					YES	NO		DAY OF DEFROST		
COOKIES & CREAM TRAYBAKE						✓	✓	WHEAT,BARLEY	✓						NO	NO	FACTORY HANDLES: EGG, PEANUT, TREE NUTS & SULPHITES	DAY OF DEFROST + 3 DAYS		
CARAMEL SLICE						✓	✓	WHEAT	✓				✓		NO	NO	FACTORY HANDLES: EGG, PEANUT, TREE NUTS	DAY OF DEFROST + 3 DAYS		
CHOCOLATE BROWNIE						✓	✓	WHEAT	✓	✓					NO	NO	FACTORY HANDLES: PEANUT, TREE NUTS & SULPHITES	DAY OF DEFROST + 3 DAYS		

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

MARbled TIFFIN							✓	✓	WHEAT, BARLEY	✓								NO	NO	FACTORY HANDLES: EGG, PEANUT, TREE NUTS & SULPHITES	DAY OF DEFROST + 3 DAYS
HONEYCOMB ROCKY ROAD							✓	✓	WHEAT, BARLEY	✓								NO	NO	FACTORY HANDLES: EGG, PEANUT, TREE NUTS & SULPHITES	DAY OF DEFROST + 3 DAYS
ROCKY ROAD							✓	✓	WHEAT	✓								NO	NO	FACTORY HANDLES: EGG, PEANUT, TREE NUTS & SULPHITES	DAY OF DEFROST + 3 DAYS
FRUIT SCONE							✓	✓	WHEAT		✓							YES	NO	FACTORY HANDLES: NUTS (HAZELNUT, ALMOND, WALNUT), SESAME SEEDS & SOYA	DAY OF DEFROST
STRAWBERRY YOGHURT GRANOLA							✓	✓	WHEAT, BARLEY, OAT									YES	NO		REF PACK
KILLOWEN BLUEBERRY YOGHURT							✓											YES	NO	PREPARED IN AN AREA WHICH USES NUTS	REF PACK
KILLOWEN RHUBARB YOGHURT							✓											YES	NO	PREPARED IN AN AREA WHICH USES NUTS	REF PACK

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

SANDWICHES - UK (Samworth Brothers)	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
URBAN EAT CHEESE & ONION SANDWICH						✓	✓ WHEAT, BARLEY		✓		✓				YES	NO		
URBAN EAT BLT							✓ WHEAT, BARLEY		✓		✓				NO	NO		
URBAN EAT SMOKED HAM AND CHEDDAR SANDWICH						✓	✓ WHEAT, BARLEY		✓		✓				NO	NO		
URBAN EAT ROAST CHICKEN SALAD SANDWICH							✓ WHEAT, BARLEY		✓		✓				NO	NO		
URBAN EAT CHEDDAR PLOUGHMANS SANDWICH						✓	✓ WHEAT, BARLEY								YES	NO		
URBAN EAT TUNA & SWEETCORN SANDWICH			✓				✓ WHEAT, BARLEY		✓		✓				NO	NO		
URBAN EAT EGG MAYO SANDWICH							✓ WHEAT		✓		✓				YES	NO		
URBAN EAT CHICKEN CAESAR WRAP						✓	✓ WHEAT		✓		✓				NO	NO		
URBAN EAT HAM & CHEESE PANINI						✓	✓ WHEAT				✓				NO	NO		
URBAN EAT BACON ROLL							✓ WHEAT								NO	NO		
URBAN EATS MOZZARELLA AND TOMATO PANINI						✓	✓ WHEAT, RYE				✓				YES	NO		
URBAN EAT TUNA PANINI			✓			✓	✓ WHEAT, RYE								NO	NO		
URBAN EAT CHICKEN AND BACON PASTA SALAD							✓ WHEAT		✓		✓				NO	NO		
URBAN EAT TOMATO & MOZZARELLA SALAD						✓	✓ WHEAT								YES	NO		
URBAN RAJAH SMASHED ONION BHAJI BUROTI							✓ WHEAT				✓				YES	YES		
VEGAN CHEESE & PICKLE							✓ WHEAT, BARLEY								YES	YES		

REF PACK FOR UBD

## AMT COFFEE ALLERGEN INFORMATION 2021 V15

	PEANUTS	NUTS (i.e. HAZELNUT, CAHSEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
FREE RANGE DOUBLE EGG & ROCKET						✓	WHEAT, BARLEY	✓	✓		✓				YES	NO		
SHAVED IRISH HAM & WEST CORK CHEDDAR						✓	WHEAT	✓	✓		✓				NO	NO		
CHUNKY CHICKEN & HERBY STUFFING						✓	WHEAT, BARLEY	✓	✓		✓				NO	NO		
DOUBLE CHEDDAR PLOUGHMANS						✓	WHEAT, BARLEY	✓							YES	NO		
VEGAN ONION BHAI & BOMBAY ALOO WRAP						✓	WHEAT				✓				YES	YES		
SOUTHERN FRIED CHICKEN, BBQ SLAW & RED CHEDDAR						✓	WHEAT		✓		✓				NO	NO	NOT SUITABLE FOR PEANUTS ALLERGY SUFFERERS	
CHICKEN & BACON CAESER						✓	WHEAT		✓		✓				NO	NO		
<b>HOT SANDWICHES - IRE</b>																		
HAM & EMMENTAL PANINI		MC				✓	WHEAT			MC								MAY CONTAINS NUTS & SESAME
CHICKEN TIKKA PANINI		MC				✓	WHEAT		✓	MC	✓							MAY CONTAINS NUTS & SESAME
<b>YOGHURTS / FRUIT POTS - IRE</b>																		
FRUIT MEDLEY POT (IRE)		MC								MC		MC	MC		YES	YES	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA, MILK	SHELF LIFE
YOGHURT- MANGO & GRANOLA (IRE)		MC				✓	OAT, BARLEY			MC				YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA, MILK		
YOGHURT- STRAWBERRY & GRANOLA (IRE)		MC				✓	OAT, BARLEY			MC				YES	NO	THE PREMISES HANDLES: GLUTEN, OAT, NUTS, SOYA, MILK		

AMT COFFEE ALLERGEN INFORMATION 2021 V15

SOUP UK (SOULFUL FOODS)	PEANUTS	NUTS (i.e. HAZELNUT, CAJEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
MALAYSIAN VEGETABLE WITH KELP SOUP								✓				✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
MINISTRONE SOUP						✓	WHEAT					✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
TOMATO & BASIL SOUP												✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
WINTER CHICKEN & VEG (CHICKEN & VEGETABLE SOUP)						✓						✓			NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
BROCCOLI SOUP WITH COCONUT MILK												✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
VEGETABLE SOUP												✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
CHICKEN, KALE & SPELT SOUP						✓	✓	WHEAT				✓			NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
SWEET POTATO, COCONUT & CORIANDER								✓				✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY:2 HRS

**AMT COFFEE ALLERGEN INFORMATION 2021 V15**

<b>HOT MEAL UK (SOULFUL FOODS)</b>	PEANUTS	NUTS (i.e. HAZELNUT, CASHEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
CHICKEN TAGINE WITH SPELT		✓ ALMOND					✓ SPELT					✓	✓		NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
CHILLI CORN CARNE WITH RED RICE AND GRAIN MIX								✓				✓			NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
CHORIZO & FENNEL MEATBALL WITH RED RICE & GRAIN MIX									✓						NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
KATSU CHICKEN CURRY WITH RICE							✓ WHEAT	✓							NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
TERYAKI CHICKEN STEW WITH RED RICE & GRAIN MIX							✓ WHEAT	✓							NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
THAI GREEN CHICKEN & VEGETABLE CURRY WITH RICE			✓												NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
YOGURT COCONUT RED CURRY WITH CHICKEN, VEGETABLES, RED RICE & GRAIN			✓	✓											NO	NO	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
THAI RED VEGETABLE STEW WITH RED RICE AND MIXED GRAINS															YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
BUTTERNUT, LENTIL, & SPINACH HOT POT	MC	MC								MC	✓	✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
INDONESIAN CURRY WITH MIXED GRAIN RED RICE												✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
TOMATO & BLACK BEAN WITH CASHEWS, QUINOA, RED RICE AND MIXED GRAINS		✓ CASHEW										✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME SEEDS, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS	ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
<b>HOT MEAL UK</b>	PEANUTS	NUTS (i.e. HAZELNUT, CASHEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
ABERDEEN ANGUS LASAGNE						✓	✓ WHEAT	MC	✓		✓				NO	NO	MAY CONTAIN SOYA	DAY OF DEFROST + 2 DAYS
ROASTED VEGETABLE LASAGNE						✓	✓ WHEAT	MC	✓		✓	✓			YES	NO	MAY CONTAIN SOYA	DAY OF DEFROST + 2 DAYS
SPINACH & RICOTTA CANNELLONI						✓	✓ WHEAT	MC	✓						YES	NO	MAY CONTAIN SOYA	DAY OF DEFROST + 2 DAYS
VEGAN SOYA KEEMA	MC	MC					✓ BARLEY	✓		MC	✓				YES	YES	MAY CONTAIN NUTS, PEANUTS & SESAME	REFER PACK
MAC & CHEESE WITH BACON MEAL POT		MC				✓	✓ WHEAT				✓				NO	NO	MAY CONTAIN NUTS	DAY OF DEFROST + 3 DAYS
CHICKEN SATAY MEAL POT (PEANUT FREE)		MC					✓ WHEAT	✓			✓	✓			NO	NO	MAY CONTAIN NUTS	DAY OF DEFROST + 3 DAYS
BEEF CHILLI CON CARNE MEAL POT		MC						✓				✓			NO	NO	MAY CONTAIN NUTS	DAY OF DEFROST + 3 DAYS



## AMT COFFEE ALLERGEN INFORMATION 2021 V15

JACKET POTATO UK (BRAKES/SOULFUL)	PEANUTS	NUTS (i.e. HAZELNUT, CASHEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
JACKET POTATO AND BUTTER						✓									YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
JACKET POTATO AND CHEESE						✓									YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
JACKET POTATO WITH BAKED BEANS															YES	YES	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
JACKET POTATO WITH TUNA AND MAYONNAISE (UK)			✓						✓		✓				NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
EXTRA CHEESE						✓									YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY: 2 HRS
ONE POT UK (SOULFUL FOODS)	PEANUTS	NUTS (i.e. HAZELNUT, CASHEW, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
CHESTNUT MUSHROOM STROGANOFF WITH RED RICE	MC	MC								MC		✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
MEXICAN SWEET POTATO, BEANS & QUINOA								✓							YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SOYA, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
SRI LANKAN CAULIFLOWER, KALE & QUINOA ONEPOT											✓	✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, SOYA, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
BRAZILIAN TOMATO WITH CASHEW & QUINOA		✓										✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, MUSTARD, CRUSTACEANS, SESAME, SOYA, SULPHITES, PEANUTS & TREE NUTS, EGGS, MOLLUSCS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
WEST AFRICAN PEANUT & CHICKPEA WITH RED RICE	✓											✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, CELERY, FISH, MUSTARD, CRUSTACEANS, SESAME, SOYA, PEANUTS & TREE NUTS, EGGS, MOLLUSCS, SULPHITES.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
THAI RED VEGETABLE CURRY WITH BROWN RICE								✓							YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
PERSIAN TOMATO, LENTIL & CHICKPEA											✓	✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
PULLED JACKFRUIT SMOKY BBQ CHILLI								✓				✓			YES	YES	FACTORY HANDLES THE FOLLOWING ALLERGENS: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, RYE, OATS, SPELT), MILK, EGG, CELERY, FISH, CRUSTACEANS, MUSTARD, SOYA, SULPHITES, PEANUTS, SESAME AND TREE NUTS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
NORTH INDIAN RED LENTIL VEGETABLE DHAL												✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
MOROCCAN TAGINE WITH SPELT & SEITAN		✓					✓	WHEAT, SPELT	✓			✓	✓		YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, CRUSTACEANS, SESAME, SULPHITES, MUSTARD, PEANUTS & TREE NUTS, MOLLUSC, EGGS.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
CAJUN JACKFRUIT WITH SPELT							✓	SPELT			✓	✓			YES	YES	FACTORY HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS), MILK, FISH, CRUSTACEANS, MUSTARD, SESAME, SOYA, PEANUTS, TREE NUTS, EGGS, MOLLUSCS, SULPHITES.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS
THAI GREEN JACKFRUIT CURRY WITH BROWN RICE								✓							YES	YES	FACTORY ALSO HANDLES: CEREALS CONTAINING GLUTEN (WHEAT, BARLEY, OATS, SPELT), MILK, FISH, MUSTARD, CRUSTACEANS, EGGS, SESAME, PEANUTS & TREE NUTS, SULPHITES.	CHILLED DISPLAY: MINIMUM 5 DAYS HOT DISPLAY: 2 HRS

**AMT COFFEE ALLERGEN INFORMATION 2021 V15**

<b>JACKET POTATO IRE (PALLAS/ARYZTA)</b>	PEANUTS	NUTS (i.e. HAZELNUT, CAJAN, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
JACKET POTATO WITH BUTTER						✓									YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH CHEDDAR CHEESE						✓									YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH BAKED BEANS															YES	YES	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH TUNA & MAYONNAISE	MC	MC	✓						✓	MC	✓				NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH SLOW-COOKED PULLED BEEF BRISKET		MC													NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH SLOW-COOKED PULLED PORK											✓				NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH PIRI PIRI CHICKEN															NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
JACKET POTATO WITH BEEF CHILLI						MC	MC	MC			MC	MC	✓		NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
EXTRA CHEESE						✓									YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	TOPPINGS ONCE OPEN: 2 DAYS DISPLAY:2 HRS
<b>SOUP IRE (ARYZTA)</b>	PEANUTS	NUTS (i.e. HAZELNUT, CAJAN, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
MUSHROOM SOUP		MC				✓				MC		✓			YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
VEGETABLE & THYME SOUP		MC				✓				MC		✓			YES	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
CHICKEN & VEGETABLE SOUP		MC				✓				MC		✓			NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
TOMATO & BASIL SOUP		MC								MC		✓			YES	YES	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
<b>HOT FOOD IRE (PALLAS/ARYZTA)</b>	PEANUTS	NUTS (i.e. HAZELNUT, CAJAN, BRAZIL NUT, WALNUT ALMOND, ETC.)	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN (i.e. SPELT, WHEAT, OAT, BRAN RYE, ETC.)	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	SHELF LIFE
SWEET & SOUR CHICKEN WITH WHITE RICE		MC					✓ WHEAT	✓				✓	✓		NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
CHICKEN CURRY WITH WHITE RICE		MC					✓ WHEAT				✓	✓			NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
BEEF STEW		MC	✓				✓ WHEAT					✓	✓		NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
CHICKEN FAJITA WITH WHITE RICE						MC	MC	MC			MC	MC	✓		NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS
CHILLI CON CARNE WITH WHITE RICE						MC	MC	MC			MC	MC	✓		NO	NO	THE PREMISES HANDLES: NUTS, GLUTEN, OAT, SOYA	ONCE OPEN: 2 DAYS DISPLAY:2 HRS