

AMT COFFEE ALLERGEN INFORMATION 2019 - DRINKS

DRINK	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?
COFFEE/ICE COFFEE																
CAFÉ WITH WHOLE/SKIMMED						✓									YES	NO
COFFEE WITH SOYA/COCONUT								✓							YES	YES
COFFEE WITH OAT							✓								YES	YES
CAFÉ MAYA WITH WHOLE/SKIMMED						✓									YES	NO
CAFÉ MAYA WITH SOYA/COCONUT								✓							YES	YES
CAFÉ MAYA WITH OAT							✓								YES	YES
WHITE CAFÉ MAYA WITH WHOLE/SKIMMED						✓									YES	NO
WHITE CAFÉ MAYA WITH SOYA/COCONUT						✓		✓							YES	NO
SPICED PUMPKIN LATTE (Autumn 2017)	-	-	-	-	-	✓	-	-	-	-	-	-	-	-	YES	NO
SPICED PUMPKIN LATTE (Autumn 2017) SOYA/COCONUT	-	-	-	-	-	-	-	✓	-	-	-	-	-	-	YES	NO
BUTTERSCOTCH LATTE (Christmas 2017)	-	-	-	-	-	✓	-	-	-	-	-	-	-	-	YES	NO
BUTTERSCOTCH LATTE (Christmas 2017) SOYA/COCONUT	-	-	-	-	-	-	-	✓	-	-	-	-	-	-	YES	NO
GINGERBREAD FLAT WHITE (Christmas 2017)	-	-	-	-	-	✓	-	-	-	-	-	-	-	-	YES	NO
GINGERBREAD FLAT WHITE (Christmas 2017) SOYA/COCONUT	-	-	-	-	-	-	-	✓	-	-	-	-	-	-	YES	NO
WHITE CAFÉ MAYA WITH OAT							✓								YES	YES
HOT CHOCOLATES																
HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO
HOT CHOCOLATE SOYA/COCONUT								✓							YES	YES
HOT CHOCOLATE OAT							✓								YES	YES
PERUVIAN HOT CHOCOLATE						✓									YES	NO
PERUVIAN HOT CHOCOLATE SOYA/COCONUT (NO CREAM)								✓							YES	YES
PERUVIAN HOT CHOCOLATE OAT							✓								YES	YES
WHITE HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO
WHITE HOT CHOCOLATE SOYA/COCONUT						✓		✓							YES	NO
WHITE HOT CHOCOLATE OAT							✓								YES	YES
CHILLI HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO
CHILLI HOT CHOCOLATE SOYA/COCONUT								✓							YES	YES
MACARON HOT CHOCOLATE WHOLE/SKIMMED	-	-	-	-	-	✓	-	-	-	-	-	-	-	-	YES	NO
MACARON HOT CHOCOLATE SOYA/COCONUT	-	-	-	-	-	-	-	✓	-	-	-	-	-	-	YES	NO
MACARON HOT CHOCOLATE OAT							✓								YES	YES
STEAMERS®																
REDUCED SUGAR CHAI STEAMER						✓									YES	NO
REDUCED SUGAR CHAI STEAMER SOYA/COCONUT						✓		✓							YES	NO

AMT COFFEE ALLERGEN MATRIX 2019

DRINK	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?
EXTRAS																
SYRUP: VANILLA; CARAMEL; GINGERBREAD; CINNAMON; FROSTED MINT; SALTED CARAMEL; ORANGE															YES	YES
HAZELNUT SYRUP		✓													YES	YES
PUREE: BANANA; STRAWBERRY															YES	YES
COCONUT PUREE						✓									YES	NO
HONEY															YES	NO
CREAM						✓									YES	NO
MARSHMALLOWS															NO	NO
MILKSHAKES & YOGUSHAKES®																
FROFFEE						✓									YES	NO
FROFFEE MAYA						✓									YES	NO
MILKSHAKE: PLAIN; CHOCOLATE; STRAWBERRY; BANANA; VANILLA; COCONUT; CARAMEL						✓									YES	NO
MILKSHAKE HAZELNUT		✓				✓									YES	NO
SEASONAL STRAWBERRY & RHUBARB	-	-	-	-	-	✓	✓	-	-	-	-	-	-	-	YES	NO
SEASONAL DRINKS																
ORANGE CAFÉ MAYA WHOLE/SKIMMED	-	-	-	-	-	✓	-	-	-	-	-	-	-	-	YES	NO
ORANGE CAFÉ MAYA SOYA/COCONUT	-	-	-	-	-	*✓	-	✓	-	-	-	-	-	-	YES	*NO
SALTED CARAMEL LATTE WHOLE/SKIMMED	-	-	-	-	-	✓	-	-	-	-	-	-	-	-	YES	NO
SALTED CARAMEL LATTE SOYA/COCONUT	-	-	-	-	-	-	-	✓	-	-	-	-	-	-	YES	YES
SMOOTHIE																
VERY BERRY WITH YOGHURT						✓									YES	NO
VERY BERRY WITHOUT YOGHURT															YES	YES
MANGO WITH YOGHURT						✓									YES	NO
MANGO WITHOUT YOGHURT															YES	YES
PINA COLADA						✓									YES	NO
DEFENCE															YES	YES
(NEW) GREEN REVIVER															YES	YES
SMOOTHIE COCONUT CRUSH (IRE)						✓										

AMT COFFEE ALLERGEN INFORMATION 2019 - BAKERY

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice
SNACKS																	
The factory handles: sesame seeds																	
AMT BELGIAN CHOCOLATE FLAPJACK						✓	✓	✓							YES	NO	
AMT BUTTER TOFFEE WAFFLES						✓	✓	✓	✓						YES	NO	
AMT SHORTBREAD FINGERS						✓	✓								YES	NO	may contain nuts, soya & egg
AMT SHORTBREAD FINGERS WITH STEM GINGER						✓	✓								YES	NO	may contain nuts, soya & egg
AMT LUXURY BROWNIE BAR						✓	✓	✓	✓						YES	NO	
AMT JEWEL BAR						✓	✓	✓							YES	NO	
AMT ROCKY ROAD BAR						✓	✓	✓					✓		NO	NO	
AMT CHOCOLATE TIFFIN BAR						✓	✓	✓							YES	NO	
AMT FRUIT & DRIZZLE CAKE						✓	✓		✓				✓		YES	NO	
KITKAT						✓	✓	✓							YES	NO	
POPCORN SWEET & SALTY															YES	YES	
BURT'S SEA SALT & VINEGAR CRISPS															YES	YES	
BURT'S SEA SALT CRISPS															YES	YES	
BURT'S VINTAGE CHEDDER & ONION						✓									YES	NO	
ECCLES CAKE						✓	✓						✓		YES	NO	
GRANOLA BAR						✓	✓			✓					YES	NO	
JUICES																	
The factory handles: fish, crustaceans, egg, celery, mustard, sesame seeds, soya and sulphites																	
CUCUMBER & CELERY JUICE (CLEAN GREENS)												✓			YES	YES	
MANGO JUICE															YES	YES	
APPLE, LEMON & MINT JUICE (ZESTY MINT)															YES	YES	
BREAKFAST																	
BACON & EGG BUTTIE (BUGGIE)						✓	✓		✓						NO	NO	
BACON BUTTIE						✓	✓								NO	NO	
BREAKFAST CIABATTA						✓	✓	✓	✓		✓		✓		NO	NO	
PORRIDGE (UK)						✓	✓								YES	NO	
MIXED BERRY COMPOTE (UK)															YES	YES	Factory Handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, celery, fish, mustard, crustaceans, sesame, soya, sulphites, peanuts & tree nuts, eggs, molluscs.
SPICED APPLE COMPOTE (UK)															YES	YES	Factory Handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, celery, fish, mustard, crustaceans, sesame, soya, sulphites, peanuts & tree nuts, eggs, molluscs.
BIRCHER MUSELI (UK)						✓	✓								YES	NO	Factory Handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, celery, fish, mustard, crustaceans, sesame, soya, sulphites, peanuts & tree nuts, eggs, molluscs.
YOGHURTS (HOME MADE AMT)																	
HONEY GRANOLA YOGHURT		✓				✓	✓								YES	NO	
STRAWBERRY GRANOLA YOGHURT		✓				✓	✓								YES	NO	
COCONUT GRANOLA YOGHURT		✓				✓	✓								YES	NO	

PASTRIES

The factory handles: Nuts, Sesame, Rye, Barley, Oats, Spelt, Soya

PLAIN CROISSANT							✓	✓		✓							YES	NO
ALMOND CROISSANT		✓					✓	✓		✓							YES	NO
PISTACHIO CROISSANT		✓					✓	✓		✓							YES	NO
PAIN AUX RAISINS							✓	✓		✓							YES	NO
PAIN AU CHOCOLATE							✓	✓		✓							YES	NO
This product is made in a factory that uses ingredients containing: gluten, eggs, soya, milk, nuts, celery, sesame seeds, sulphites and products thereof. Therefore, the absence of traces of these allergens																		
PAIN AU CHOCOLATE							✓	✓		✓							YES	NO
PLAIN CROISSANT							✓	✓		✓							YES	NO
PAIN AUX RAISIN							✓	✓		✓							YES	NO
ALMOND CROISSANT		✓					✓	✓		✓							YES	NO
PORTUGUESE CUSTARD TART							✓	✓		✓							YES	NO
CHOCOLATE HAZELNUT CROISSANT		✓					✓	✓		✓							YES	NO
BACON & CHEESE TURNOVER							✓	✓		✓							YES	NO
APPLE STRUDEL							✓	✓		✓							YES	NO
SAUSAGE ROLL							✓	✓							✓		NO	NO
ONION & CHEESE ROLL							✓	✓		✓							YES	NO
SPINACH & GOATS CHEESE							✓	✓		✓							YES	NO
BREAD ROLL								✓									YES	YES
VEGAN APRICOT CROISSANT								✓									YES	YES
HAM & CHEESE HANDHELD PIZZA (IRE)							✓	✓									NO	NO
BAGUETTE TOMATOES MOZARELLA (IRE)							✓	✓									NO	NO
QUICHE LORRAINE (IRE)							✓	✓		✓							NO	NO
PIZZA BAGUETTE (IRE)							✓	✓									NO	NO
VEGAN SAUSAGE ROLL								✓		✓					✓		YES	YES
CHICKPEA AND KALE PITHIVIER								✓							✓		YES	YES

May contain traces of mustard & not suitable for nuts & seeds allergy sufferers

May contain traces of nuts(almonds, walnuts, pecans, hazelnuts, cashews) and sesame seeds

The product may contain traces of nut fruits,soya & sesame

The product may contain traces of soya

The product may contain traces of crustaceans, egg, fish, molluscs, mustard, nuts

The product may contain traces of mustard, nuts, soya

The product may contain traces of celery, crustaceans, egg, fish, molluscs, mustard, sesame seeds.

MUFFINS																		
APPLE CRUMBLE MUFFIN		✓				✓	✓		✓							YES	NO	
BLUEBERRY MUFFIN						✓	✓		✓							YES	NO	
RASPBERRY & WHITE CHOCOLATE MUFFIN						✓	✓	✓	✓							YES	NO	
LEMON & POPPYSEED MUFFIN						✓	✓		✓							YES	NO	Contains Nuts and seeds
SKINNY BLUEBERRY MUFFIN						✓	✓		✓							YES	NO	made in a bakery that handles nuts so it's not suitable for nut allergy sufferers
CHOCOLATE CHIP MUFFIN						✓	✓	✓	✓							YES	NO	
CARROT CAKE MUFFIN		✓				✓	✓		✓							YES	NO	
CHOCOLATE						✓	✓	✓	✓							YES	NO	
BLUEBERRY CHEESECAKE						✓	✓		✓							YES	NO	
MEGA BERRY MUFFIN						✓	✓		✓							YES	NO	May contain traces of soya
SKINNY BLUEBERRY MUFFIN						✓	✓		✓							YES	NO	
LEMON & WHITE CHOCOLATE MUFFIN						✓	✓	✓	✓				✓			YES	NO	
CHOCOLATE BROWNIE TRAYBAKE (IRE)						✓	✓	✓	✓							YES	NO	May contain Nuts (Hazelnut, Walnuts, Pecan, Pistachio & Almond) and Peanuts
COCOA BAVAROIS SLICE (IRE)		✓				✓	✓	✓	✓							NO	NO	
CRÈME CARAMEL BAVAROIS (IRE)		✓				✓	✓		✓							NO	NO	The product may contain traces of other kind of nuts, sesame seeds, soya
LEMON MERINGUE TARTLET (IRE)						✓	✓		✓							NO	NO	The product may contain traces of nuts, soya
FLOURLESS STICKY TOFFEE CHEESECAKE (IRE)						✓		✓	✓							YES	NO	
TRIO OF CHOCOLATE DESSERT (IRE)						✓	✓	✓	✓							NO	NO	May contain Nuts (Hazelnut, Walnuts, Pecan, Pistachio & Almond) and Peanuts
TARTLET																		
(Manufactured in a factory that handles Sesame, Rye, Barley, Oats, Spelt)																		
CHOCOLATE & RASPBERRY TARTLET		✓				✓	✓	✓	✓							YES	NO	
LEMON TARTLET		✓				✓	✓		✓							NO	NO	
PECAN TARTLET		✓				✓	✓	✓	✓							YES	NO	
LUXURY BROWNIE						✓	✓	✓	✓							YES	NO	
CAKES																		
The factory handles: nuts																		
CARAMEL SHORTBREAD SLICE						✓	✓	✓	✓							YES	NO	
SALTED CARAMEL BROWNIE						✓	✓	✓	✓							YES	NO	
PORTUGUESE CUSTARD TART						✓	✓		✓							NO	NO	
RED VELVET CUPCAKE						✓	✓		✓							YES	NO	
CARROT CAKE		✓				✓	✓		✓							YES	NO	
ORANGE & POLENTA CAKE						✓			✓							YES	NO	
RED VELVET CAKE						✓	✓		✓							YES	NO	
VICTORIA CAKE SANDWICH		✓				✓	✓		✓							YES	NO	
CHOCOLATE CAKE		✓				✓	✓	✓	✓							YES	NO	
MANDARIN & CHOCOLATE CAKE		✓				✓	✓	✓	✓							YES	NO	
RASPBERRY CHEESECAKE			✓			✓	✓		✓							NO	NO	Fish gelatin
TOFFEE & PECAN CHEESECAKE		✓	✓			✓	✓	✓	✓							NO	NO	Fish gelatin
GUINNESS CHOCOLATE CAKE						✓	✓		✓							YES	NO	
PLAIN/ FRUIT SCONE						✓	✓		✓							YES	NO	
BANANA BREAD						✓	✓		✓							YES	NO	
COOKIES																		
WHITE CHOCOLATE & MACADAMIA NUT COOKIE		✓				✓	✓	✓	✓							YES	NO	
DOUBLE CHOCOLATE COOKIE						✓	✓	✓	✓							YES	NO	May contain traces of nuts
WHITE CHOCOLATE & CRANBERRY COOKIE						✓	✓	✓	✓							YES	NO	May contain traces of nuts
CHUNKY CHOCOLATE COOKIE						✓	✓	✓	✓							YES	NO	
FRUIT SCONE (IRE)						✓	✓		✓							YES	NO	
CRANBERRY & WHITE CHOCOLATE						✓	✓	✓	✓							YES	NO	
TRIPLE CHOCOLATE		✓				✓	✓	✓	✓							YES	NO	
OAT & RAISIN						✓	✓		✓							YES	NO	

AMT COFFEE ALLERGEN INFORMATION 2019 - HOT FOOD

Dish	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	
SOUP																		
Factory Handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, celery, fish, mustard, crustaceans, sesame, soya, sulphites, peanuts & tree nuts, eggs, molluscs																		
MALAYSIAN VEGETABLE WITH KELP SOUP								✓				✓			YES	YES		
MINISTRONE SOUP							✓					✓			YES	YES		
SPICY PARSNIP SOUP						✓						✓			YES	NO		
TOMATO & BASIL SOUP												✓			YES	YES		
WINTER CHICKEN & VEG						✓						✓			NO	NO		
CREAM OF BROCCOLI SOUP WITH COCONUT MILK												✓			YES	YES		
VEGETABLE SOUP												✓			YES	YES		
CHICKEN, KALE & SPELT SOUP						✓	✓	✓				✓			NO	NO		
SWEET POTATO, COCONUT & CORIANDER								✓				✓			YES	YES		
CHICKEN & VEGETABLE SOUP						✓						✓			NO	NO		
The factory handles: nuts and sesame seed																		
WILD MUSHROOM SOUP						✓						✓	✓		YES	NO		
VEGETABLE SOUP												✓			YES	YES		
CHICKEN & VEGETABLE SOUP						✓						✓			NO	NO		
TOMATO SOUP												✓			YES	YES		
BAKED POTATO																		
BAKED POTATO AND BUTTER						✓									YES	NO		
BAKED POTATO AND CHEESE						✓									YES	NO		
WITH BAKED BEANS AND CHEESE						✓									YES	NO		
WITH TUNA AND MAYONNAISE (UK)			✓						✓						NO	NO		
WITH CHILLI CON CARNE								✓				✓			NO	NO	Factory also handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, fish, mustard, molluscs, crustaceans, sesame, sulphites, eggs, peanuts & tree nuts.	
WITH PULLED BEEF CHILLI													✓		NO	NO	May contain Wheat, Milk, Mustard, Celery, Soya	
WITH PULLED PORK CHORIZO											✓				NO	NO		
WITH BRAZILIAN VEGETABLE STEW		✓										✓			YES	YES	Factory Handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, fish, mustard, crustaceans, sesame, soya, sulphites, peanuts & tree nuts, eggs, molluscs.	
HOT FOOD: Factory also handles: Cereals containing Gluten (wheat, barley, oats, spelt), milk, celery, mustard, fish, crustaceans, sesame, peanuts, tree nuts, sulphites, soya, molluscs																		
CHICKEN TANGINE WITH SPELT		✓					✓					✓	✓		NO	NO		
CHILLI CORN CARNE WITH RED RICE AND GRAIN MIX								✓				✓			NO	NO		
CHORIZO & FENNEL MEATBALL WITH RED RICE & GRAIN MIX									✓						NO	NO		
KATSU CHICKEN CURRY WITH RICE							✓	✓							NO	NO		
TERYAKI CHICKEN STEW WITH RED RICE & GRAIN MIX							✓	✓							NO	NO		
THAI GREEN CHICKEN & VEGETABLE CURRY WITH RICE			✓												NO	NO		
YOGURT COCONUT RED CURRY WITH CHICKEN, VEGETABLES, RED RICE & GRAIN		✓				✓									NO	NO		
THAI RED VEGETABLE STEW WITH RED RICE AND MIXED GRAINS															YES	YES		
BUTTERNUT, LENTIL, & SPINACH HOT POT											✓	✓			YES	YES		
INDONESIAN CURRY WITH MIXED GRAIN RED RICE												✓			YES	YES		
TOMATO & BLACK BEAN WITH CASHEWS, QUINOA, RED RICE AND MIXED GRAINS		✓										✓			YES	YES		
CHICKEN TAGINE WITH SPELT		✓					✓					✓	✓		NO	NO		
CHUNKY VEGETABLE MINISTRONE							✓					✓			YES	YES		
JACKET POTATO WITH BEEF CHILLI - 100% IRISH BEEF IN A RICH CHILLI WITH PEPPERS, ONIONS AND KIDNEY BEANS													✓		NO	NO	May contain Wheat, Milk, Mustard, Celery, Soya	

IRELAND ONLY																		
JACKET POTATO																		
JACKET POTATO WITH SLOW-COOKED PULLED BEEF BRISKET																NO	NO	May contain traces of nuts
JACKET POTATO WITH SLOW-COOKED PULLED PORK																NO	NO	May contain traces of gluten
JACKET POTATO WITH PIRI PIRI CHICKEN																NO	NO	
JACKET POTATO WITH BUTTER																YES	NO	
JACKET POTATO WITH CHEDDAR CHEESE																YES	NO	
JACKET POTATO WITH BAKED BEANS																YES	YES	
JACKET POTATO WITH TUNA & MAYONNAISE																NO	NO	May contain traces of nuts, peanuts and sesame
EXTRA CHEESE																YES	NO	
PASTRY																		
PORK & APPLE SAUSAGE PASTRY																NO	NO	
CHICKEN & CHORIZO LATTICE																NO	NO	
CLONAKILTY AND BALLYMALOE PORK ROLL																NO	NO	
PULLED HAM & IRISH CHEDDAR CHEESE JAMBON																NO	NO	
SPINACH & FETA ROLL																YES	NO	
QUICHE LORRAINE WITH COMTÉ & MAPLE CURED BACON																NO	NO	
QUICHE WITH GOATS CHEESE, TOMATO, PEPPER & SPINACH																YES	NO	
PULLED CHICKEN, CHORIZO SAUSAGE & MANCHEGO CHEESE QUICHE																NO	NO	
QUICHE PROVENÇALE																YES	NO	Main contain: celery, mustard, walnut, hazelnut.
CAKES /PIES /TARTS																		
	THIS FACTORY HANDLES : Gluten, Egg, Milk, Soya, Sulphites & Nuts.															Additional Allergen Advice		
PASTEL DE NATA																YES	NO	
CHOCOLATE & HAZELNUT TORTE																YES	NO	
FRESH IRISH CREAM BANOFFEE PIE																YES	NO	The product may contain traces of egg, nuts.
IRISH CREAM LIQUEUR & CHOCOLATE SPONGE CHEESECAKE																YES	NO	
FLOURLESS CARROT CAKE																YES	NO	
RASPBERRY & WHITE CHOCOLATE TARTELETTE																YES	NO	The product may contain traces of other kind of nuts, peanut.
HOTFOOD																		
SWEET & SOUR CHICKEN WITH BROWN RICE																NO	NO	The product may contain traces of nuts, bone
CHICKEN CURRY WITH BROWN RICE																NO	NO	The product may contain traces of nuts, bone
BEEF STEW																NO	NO	The product may contain traces of nuts, bone
CHICKEN FAJITA WITH BROWN RICE																NO	NO	May contain Wheat, Milk, Mustard, Celery, Soya
CHILLI CON CARNE WITH BROWN RICE																NO	NO	May contain gluten, milk, mustard, celery, soya
THIS FACTORY HANDLES : NUTS , SESAME																		
MUSHROOM SOUP																YES	NO	
VEGETABLE & THYME SOUP																YES	NO	
CHICKEN & VEGETABLE SOUP																NO	NO	
TOMATO & BASIL SOUP																YES	YES	

AMT COFFEE ALLERGEN INFORMATION 2019 - CQUIN HOSPITALS

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice
(Made in a factory that handles other nuts, sesame seeds, milk, soya and other cereals containing gluten)																	
FOOD DOCTOR PINEAPPLE AND COCONUT		✓					✓								YES	YES	
FOOD DOCTOR BEETROOT AND CACAO		✓					✓								YES	YES	
FOOD DOCTOR FIG AND MANGO							✓								YES	YES	
FOOD DOCTOR SMOKIN EDAMAME								✓							YES	YES	
FOOD DOCTOR SOUR CREAM & BASIL CRISPS						✓		✓							YES	NO	
FOOD DOCTOR THAI SWEET CHILLI								✓							YES	YES	
Supplier Handles: May also contain Peanuts, other Nuts and Sesame.																	
AMT COFFEE SWEET ALMONDS		✓													YES	YES	
AMT COFFEE CASHEW NUTS		✓													YES	YES	
AMT COFFEE FRUIT & SEEDS													✓		YES	YES	
Well & Truly handles: soya and mustard																	
WELL&TRULY CRUNCHY CHEESE STICKS						✓									YES	NO	
WELL&TRULY CRUNCHY SOUR CREAM & ONION STICKS						✓									YES	NO	
WELL&TRULY CRUNCHY SMOKEY PAPRIKA STICKS															YES	YES	May Contains Milk, Soya, Mustard
LITTLE JUDE'S BANANA MILK 180ML						✓									YES	NO	
LITTLE JUDE'S CHOCOLATE MILK 180ML						✓									YES	NO	
SNACK																	
OFF THE EATEN PATH																	Additio nal Allerge n Advice
May contain Gluten, Wheat, Rye, Oats, Barley, Soya, Milk and Made in a factory that also handles Sesame.																	
SOUR CREAM FLAVOUR						✓									YES	NO	
SEA SALT FLAVOUR															YES	YES	

AMT COFFEE ALLERGEN INFORMATION 2019 - SEASONAL

PRODUCT	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice
SEASONAL DRINKS																	
GINGERBREAD FLAT WHITE						✓									YES	NO	
IRISH LATTE						✓									YES	NO	
MACARON HOT CHOCOLATE						✓									YES	NO	
MULLED TEA															YES	YES	
SALTED CARAMEL BLONDIE						✓									YES	NO	
SALTED CARAMEL BLONDIE						✓									NO	NO	
SYRUP																	
IRISH SYRUP															YES	YES	
CARAMEL SAUCE						✓									YES	NO	
BUTTERSCOTCH SYRUP															YES	YES	
DARK CHOCOLATE SAUCES															YES	YES	
MACARON SYRUP															YES	YES	

AMT COFFEE ALLERGEN INFORMATION 2019 - SANDWICHES, POTS, WRAPS & SALADS

PRODUCT	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	Additional Allergen Advice	
FSC SANDWICH RANGE																		
COLD SANDWICHES																		
Sandwich- Chicken Salad						✓	✓	✓	✓		✓				✓			
Sandwich- Egg Mayonnaise						✓	✓	✓	✓		✓				✓			POPPY SEEDS
Sandwich- New Yorker		MC				✓	✓	✓		MC	✓		✓					MC NUTS & SESAME
Sandwich- BLT (UK Only)		MC				✓	✓	✓		MC	✓							MC NUTS & SESAME
Sandwich- Tuna Mayo & Sweetcorn (UK Hospitals only)		MC					✓	✓	✓	MC	✓							MC NUTS & SESAME
Sandwich- Chicken Stuffing (IRE Only)		MC				✓	✓	✓	✓	MC								MC NUTS & SESAME
Sandwich- Ploughmans (IRE Only)		MC				✓	✓	✓	✓	MC	✓				✓			MC NUTS & SESAME
Wrap- Falafel & Houmous Tomato Torilla Wrap		MC					✓			✓					✓	✓		MC NUTS
Wrap- Chicken Caesar tortilla wrap		MC				✓	✓	✓	✓	MC	✓							MC NUTS & SESAME
HOT SANDWICHES																		
Ciabatta- Ham & Cheese						✓	✓	MC	✓		✓							MC SOYA
Ciabatta- Mozzarella, Tomato and Pesto		MC				✓	✓	MC	✓	MC	✓		✓		✓			MC NUTS, SESAME, SOYA
Croque- Chicken and Pesto		MC				✓	✓	✓	✓	MC	✓							MC NUTS & SESAME
Croque- Mushroom roast		MC				✓	✓	✓		MC					✓			MC NUTS & SESAME
Croque- Ham and Cheese		MC				✓	✓			MC								MC NUTS & SESAME
Croque- Breakfast Croque (IRE Only)		MC				✓	✓			MC			✓					MC NUTS & SESAME
Focaccia- Chicken and Pesto melt		MC				✓	✓	MC	✓	MC	✓		✓		✓			MC NUTS, SESAME, SOYA
Focaccia- Tuna Jalapeno melt		MC	✓			✓	✓	MC		MC								MC NUTS, SESAME, SOYA
Bap/Roll- Bacon Bap (UK Only)							✓											
Bap/Roll- Cheese and Pickle (GF) (UK Only)		MC				✓			✓	MC					✓			POPPY SEEDS
Bap/Roll- Tuna Salad (GF) (IRE Only)		MC	✓						✓	MC	✓				✓			MC NUTS & SESAME
Bap/Roll- Breakfast Blaa (IRE Only)		MC					✓		✓	MC	✓		✓					MC NUTS & SESAME
SALADS																		
Chicken Caesar Salad (UK Only)		MC				✓	✓	MC	✓	MC								MC NUTS, SESAME, SOYA
Tuna Nicoise Salad (UK Only)		MC	✓				✓			MC	✓							MC NUTS & SESAME
Goats Cheese & Green Salad (IRE Only)		✓				✓	✓			MC	✓		✓		✓			MC SESAME
Cous Cous & Falafel Salad (IRE Only)		MC					✓			✓	✓				✓	✓		MC NUTS
Tuna Salad (IRE Only)		MC	✓				✓			MC	✓		✓					MC NUTS & SESAME
YOGHURTS / FRUIT POTS																		
Fruit Salad Pot		MC								MC					✓	✓		MC NUTS & SESAME
Fruit Medley Pot (IRE Only)		MC								MC		MC	MC		✓	✓		MC 4 ALLERGENS
Yoghurt- Mixed Berry & Granola		MC				✓	✓								✓			MC NUTS
Yoghurt- Mango & Granola		MC				✓	✓								✓			MC NUTS
Yoghurt- Strawberry & Granola (IRE Only)		MC				✓	✓								✓			MC NUTS
SNACK POTS																		
Egg & Spinach Protein Pot (UK Only)		MC							✓	MC					✓			MC NUTS & SESAME
Carrot & Houmous Snack Pot (UK Only)		MC								✓					✓	✓		MC NUTS
Cucumber & Houmous Snack Pot (UK Only)		MC								✓					✓	✓		MC NUTS
Falafel & Yoghurt Snack Pot (IRE Only)		MC				✓	✓			MC			✓		✓			MC NUTS & SESAME
Carrot & Mange Tout batons with Beetroot Houmous (IRE Only)		MC								✓					✓	✓		MC NUTS