

AMT COFFEE ALLERGEN INFORMATION - DRINKS

DRINK	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?
COFFEE/ ICE COFFEE																
CAFÉ WITH WHOLE/SKIMMED						✓									YES	NO
COFFEE WITH SOYA/COCONUT								✓							YES	YES
CAFÉ MAYA WITH WHOLE/SKIMMED						✓									YES	NO
CAFÉ MAYA WITH SOYA/COCONUT								✓							YES	YES
WHITE CAFÉ MAYA WITH WHOLE/SKIMMED						✓									YES	NO
WHITE CAFÉ MAYA WITH SOYA/COCONUT						✓		✓							YES	NO
HOT CHOCOLATE																
HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO
HOT CHOCOLATE SOYA/COCONUT								✓							YES	YES
PERUVIAN HOT CHOCOLATE						✓									YES	NO
PERUVIAN HOT CHOCOLATE SOYA/COCONUT (NO CREAM)								✓							YES	YES
WHITE HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO
WHITE HOT CHOCOLATE SOYA/COCONUT						✓		✓							YES	NO
CHILLI HOT CHOCOLATE WHOLE/SKIMMED						✓									YES	NO
CHILLI HOT CHOCOLATE SOYA/COCONUT								✓							YES	YES
STEAMERS®																
REDUCED SUGAR CHAI STEAMER						✓									YES	NO
REDUCED SUGAR CHAI STEAMER SOYA/COCONUT						✓		✓							YES	NO
EXTRAS																
SYRUP: VANILLA; CARAMEL; GINGERBREAD; CINNAMON; FROSTED MINT; SALTED CARAMEL; ORANGE															YES	YES
HAZELNUT SYRUP		✓													YES	YES
PUREE: BANANA; STRAWBERRY															YES	YES
COCONUT PUREE						✓									YES	NO
HONEY															YES	NO
CREAM						✓									YES	NO
MARSHMALLOWS															NO	NO
MILKSHAKES & YOGUSHAKES®																
FROFFEE						✓									YES	NO
FROFFEE MAYA						✓									YES	NO
MILKSHAKE: PLAIN; CHOCOLATE; STRAWBERRY; BANANA; VANILLA; COCONUT; CARAMEL						✓									YES	NO
MILKSHAKE HAZELNUT		✓				✓									YES	NO
SMOOTHIE																
VERY BERRY WITH YOGHURT						✓									YES	NO
VERY BERRY WITHOUT YOGHURT															YES	YES
MANGO WITH YOGHURT						✓									YES	NO
MANGO WITHOUT YOGHURT															YES	YES
PINA COLADA						✓									YES	NO
DEFENCE															YES	YES
(NEW) GREEN REVIVER															YES	YES

AMT COFFEE ALLERGEN INFORMATION - COLD FOOD

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?
SNACKS																
The factory handles: sesame seeds																
AMT BELGIAN CHOCOLATE FLAPJACK						✓	✓	✓							YES	NO
AMT BUTTER TOFFEE WAFFLES						✓	✓	✓	✓						YES	NO
AMT SHORTBREAD FINGERS						✓	✓								YES	NO
AMT SHORTBREAD FINGERS WITH STEM GINGER						✓	✓								YES	NO
AMT LUXURY BROWNIE BAR						✓	✓	✓	✓						YES	NO
AMT JEWEL BAR						✓	✓	✓							YES	NO
AMT ROCKY ROAD BAR						✓	✓	✓					✓		NO	NO
AMT CHOCOLATE TIFFIN BAR						✓	✓	✓					✓		YES	NO
AMT FRUIT & DRIZZLE CAKE						✓	✓		✓				✓		YES	NO
KITKAT						✓	✓	✓							YES	NO
POPCORN SWEET & SALTY															YES	YES
BURT'S SEA SALT & VINEGAR CRISPS							✓								YES	YES
BURT'S SEA SALT CRISPS															YES	YES
BURT'S VINTAGE CHEDDER & ONION						✓									YES	NO
ECCLES CAKE						✓	✓						✓		YES	NO
GRANOLA BAR						✓	✓			✓					YES	NO
JUICES																
The factory handles: fish, crustaceans, egg, celery, mustard, sesame seeds, soya and sulphites																
CUCUMBER & CELERY JUICE (CLEAN GREENS)												✓			YES	YES
MANGO JUICE															YES	YES
APPLE, LEMON & MINT JUICE (ZESTY MINT)															YES	YES
SALAD RANGE																
CHICKEN CAESAR SALAD						✓	✓		✓		✓				NO	NO
SPICY CHICKEN NOODLE SALAD							✓	✓		✓					NO	NO
FLAKED SALMON & MIXED LEAF SALAD			✓					✓	✓		✓				YES	NO
QUINOA & BUCKWHEAT SUPERFOOD SALAD						✓									YES	NO
GRAZING BOX							✓			✓		✓			YES	YES

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?
SANDWICHES																
The factory handles: fish, crustaceans, egg, celery, mustard, sesame seeds, soya and sulphites																
CHICKEN & STUFFING (IRELAND ONLY)						✓	✓	✓	✓		✓				NO	NO
NEW YORKER						✓	✓	✓			✓				NO	NO
CLASSIC CHICKEN SALAD							✓		✓		✓				NO	NO
BESTEST BLT							✓		✓		✓				NO	NO
DOUBLE EGG SALAD							✓		✓		✓				YES	NO
FLAKED SALMON SALAD			✓				✓		✓		✓				NO	NO
PLOUGHMAN'S						✓	✓						✓		YES	NO
CRAYFISH				✓			✓		✓		✓				YES	NO
GLUTEN FREE EGG SALAD									✓		✓				YES	NO
WRAPS																
CHICKEN CAESAR WRAP			✓			✓	✓	✓	✓		✓				NO	NO
FALAFEL & SWEET POTATO							✓		✓		✓				YES	NO
AROUND NOON TOASTIES & PANINIS																
HAM & CHEESE CROQUE						✓	✓	✓			✓	✓			NO	NO
MOZARELLA & ROAST VEG TOASTIE						✓	✓	✓							YES	NO
HAM & CHEESE PANINI						✓	✓								NO	NO
TUNA JALAPENO MELT			✓			✓	✓		✓		✓				NO	NO
BREAKFAST																
BACON & EGG BUTTIE (BUGGIE)						✓	✓		✓						NO	NO
BACON BUTTIE						✓	✓								NO	NO
BREAKFAST CIABATTA						✓	✓	✓	✓		✓		✓		NO	NO
PORRIDGE						✓	✓								YES	NO
MIXED BERRY COMPOTE (Ireland)															YES	YES
SPICED APPLE COMPOTE (Ireland)															YES	YES
APPLE , MANGO AND BANANA POT															YES	YES
BIRCHER MUSELI (UK)						✓	✓								YES	NO
BIRCHER MUSELI (Ireland)						✓	✓								YES	NO
YOGHURTS																
HONEY GRANOLA YOGHURT		✓				✓	✓						✓		YES	NO
STRAWBERRY GRANOLA YOGHURT		✓				✓	✓						✓		YES	NO
COCONUT GRANOLA YOGHURT		✓				✓	✓						✓		YES	NO

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN?	SUITABLE FOR VEGAN?
PASTRIES																
The factory handles: nuts, sesame seeds, egg and soya																
PLAIN CROISSANT						✓	✓		✓						YES	NO
ALMOND CROISSANT		✓				✓	✓		✓						YES	NO
PISTACHIO CROISSANT		✓				✓	✓		✓						YES	NO
PAIN AUX RAISINS						✓	✓		✓						YES	NO
PAIN AU CHOCOLATE						✓	✓	✓	✓						YES	NO
MUFFINS																
APPLE CRUMBLE MUFFIN						✓	✓		✓						YES	NO
BLUEBERRY CHEESECAKE						✓	✓		✓						YES	NO
BLUEBERRY MUFFIN						✓	✓		✓						YES	NO
CARROT CAKE MUFFIN		✓				✓	✓		✓						YES	NO
CHOCOLATE						✓	✓	✓	✓						YES	NO
CHOCOLATE CHIP MUFFIN						✓	✓	✓	✓						YES	NO
LEMON & POPPYSEED MUFFIN						✓	✓		✓						YES	NO
LEMON & WHITE CHOCOLATE MUFFIN						✓	✓	✓	✓				✓		YES	NO
MEGA BERRY MUFFIN						✓	✓		✓						YES	NO
RASPBERRY & WHITE CHOCOLATE MUFFIN						✓	✓	✓	✓						YES	NO
SKINNY BLUEBERRY MUFFIN						✓	✓		✓						YES	NO
TARTLETS																
CHOCOLATE & RASPBERRY TARTLET		✓				✓	✓	✓	✓						YES	NO
LEMON TARTLET		✓				✓	✓		✓						NO	NO
PECAN TARTLET		✓				✓	✓	✓	✓						YES	NO
LUXURY BROWNIE						✓	✓	✓	✓						YES	NO
COOKIES																
CRANBERRY & WHITE CHOCOLATE						✓	✓	✓	✓						YES	NO
TRIPLE CHOCOLATE		✓				✓	✓	✓	✓						YES	NO
OAT & RAISIN						✓	✓		✓						YES	NO

GALETA CAKES

The factory handles: nuts

CARAMEL SHORTBREAD SLICE						✓	✓	✓							YES	NO
SALTED CARAMEL BROWNIE						✓		✓	✓						YES	NO
PORTUGUESE CUSTARD TART						✓	✓		✓						YES	NO
RED VELVET CUPCAKE						✓	✓		✓						YES	NO
CARROT CAKE		✓				✓	✓		✓						YES	NO
ORANGE & POLENTA CAKE						✓			✓						YES	NO
RED VELVET CAKE						✓	✓		✓						YES	NO
VICTORIA CAKE SANDWICH						✓	✓	✓	✓						YES	NO
CHOCOLATE CAKE						✓	✓	✓	✓						YES	NO
MANDARIN & CHOCOLATE CAKE		✓						✓	✓						YES	NO
RASPBERRY CHEESECAKE						✓	✓		✓						YES	NO
TOFFEE & PECAN CHEESECAKE		✓				✓	✓	✓	✓						YES	NO
GUINNES CHOCOLATE CAKE						✓	✓		✓						YES	NO
PLAIN/ FRUIT SCONE						✓	✓								YES	NO

	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA BEANS	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN ?	SUITABLE FOR VEGAN?
PASTRIES																
The factory handles: nuts, soya, sesame seed and celery																
PAIN AU CHOCOLATE						✓	✓	✓	✓						YES	NO
PLAIN CROISSANT						✓	✓		✓						YES	NO
PAIN AUX RAISIN						✓	✓		✓						YES	NO
ALMOND CROISSANT		✓				✓	✓	✓	✓						YES	NO
PORTUGUESE CUSTARD TART						✓	✓	✓	✓						YES	NO
MAPLE & PECAN PLAIT (Cork Airport only)		✓				✓	✓		✓						YES	NO
CHOCOLATE HAZELNUT CROISSANT		✓				✓	✓	✓							YES	NO
BACON & CHEESE TURNOVER						✓									YES	NO
APPLE STRUDEL						✓	✓	✓	✓						YES	NO
SPINACH & GOATS CHEESE						✓	✓		✓						YES	NO
COOKIES																
WHITE CHOCOLATE & MACADAMIA NUT COOKIE		✓				✓	✓	✓	✓						YES	NO
DOUBLE CHOCOLATE COOKIE						✓	✓	✓	✓						YES	NO
WHITE CHOCOLATE & CRANBERRY COOKIE						✓	✓	✓	✓						YES	NO
CHUNKY CHOCOLATE COOKIE						✓	✓	✓	✓						YES	NO
PLAIN SCONE (IRE)						✓	✓		✓				✓		YES	NO
COUNTRY CHOICE PASTRIES																
ALMOND CROISSANT		✓				✓	✓		✓						YES	NO
PAIN AU CHOCOLATE						✓	✓	✓	✓						YES	NO
PAIN AUX RAISINS						✓	✓		✓						YES	NO
PLAIN CROISSANT						✓	✓		✓						YES	NO
SAUSAGE ROLL							✓						✓		NO	NO
ONION & CHEESE ROLL						✓	✓				✓				YES	NO

Dish	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/SULPHITES	LUPIN	SUITABLE FOR VEGETARIAN ?	SUITABLE FOR VEGAN?
SOULFUL- HOT FOOD																
CHICKEN TANGINE WITH MELT		✓					✓					✓	✓		NO	NO
CHILLI CORN CARNE WITH RED RICE AND GRAIN MIX								✓				✓			NO	NO
CHORIZO & FENNEL MEATBALL WITH RED RICE & GRAIN MIX									✓						NO	NO
KATSU CHICKEN CURRY WITH RICE							✓	✓							NO	NO
TERYAKI CHICKEN STEW WITH RED RICE & GRAIN MIX							✓	✓							NO	NO
THAI GREEN CHICKEN & VEGETABLE CURRY WITH RICE			✓												NO	NO
YOGURT COCONUT RED CURRY WITH CHICKEN, VEGETABLES, RED RICE & GRAIN		✓				✓									NO	NO
THAI RED VEGETABLE STEW WITH RED RICE AND MIXED GRAINS															YES	YES
BUTTERNUT, LENTIL, & SPINACH HOT POT											✓	✓			YES	YES
INDONESIAN CURRY WITH MIXED GRAIN RED RICE												✓			YES	YES
TOMATO & BLACK BEAN WITH CASHEWS, QUINOA, RED RICE AND MIXED GRAINS		✓										✓			YES	YES
CHICKEN TAGINE WITH SPELT		✓					✓					✓	✓		NO	NO
CHILLI CON CARNE WITH RED RICE AND GRAIN MIX								✓				✓			NO	NO
CHORIZO & FENNEL MEATBALL WITH RED RICE & GRAIN MIX									✓						NO	NO
CHUNKY VEGETABLE MINSTRONE							✓					✓			YES	YES
INDONESIAN CURRY WITH MIXED GRAIN RED RICE												✓			YES	YES
KATSU CHICKEN CURRY WITH RICE							✓	✓							NO	NO
TERYAKI CHICKEN STEW WITH RED RICE & GRAIN MIX							✓	✓							NO	NO
THAI GREEN CHICKEN & VEGETABLE CURRY WITH RICE			✓												NO	NO
TOMATO & BLACK BEAN WITH CASHEWS, QUINOA, RED RICE AND MIXED GRAINS		✓										✓			YES	YES
YOGURT COCONUT RED CURRY WITH CHICKEN, VEGETABLES, RED RICE & GRAIN MIX		✓				✓									NO	NO
BUTTERNUT, LENTIL, & SPINACH HOT POT											✓	✓			YES	YES
THAI RED VEGETABLE STEW WITH RED RICE AND MIXED GRAINS															YES	YES
JACKET POTATO WITH BEEF CHILLI - 100% IRISH BEEF IN A RICH CHILLI WITH PEPPERS, ONIONS AND KIDNEY BEANS.						✓	✓	✓			✓	✓	✓		NO	NO
JACKET POTATO IRELAND ONLY																
JACKET POTATO WITH SLOW-COOKED PULLED BEEF BRISKET		✓													NO	NO
JACKET POTATO WITH SLOW-COOKED PULLED PORK							✓				✓				NO	NO
JACKET POTATO WITH PIRI PIRI CHICKEN						✓	✓	✓			✓	✓	✓		NO	NO
JACKET POTATO WITH BUTTER						✓									YES	NO
JACKET POTATO WITH CHEDDAR CHEESE						✓									YES	NO
JACKET POTATO WITH BAKED BEANS															YES	NO
JACKET POTATO WITH TUNA & MAYONNAISE			✓						✓						NO	NO
EXTRA CHEESE						✓									YES	NO

Dish	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?	
IRELAND ONLY - PASTRY																	
PORK & APPLE SAUSAGE PASTRY						✓	✓		✓				✓				
CHICKEN & CHORIZO LATTICE						✓	✓	✓	✓						NO	NO	
CLONAKILTY AND BALLYMALOE PORK ROLL						✓	✓		✓		✓				NO	NO	
PULLED HAM & IRISH CHEDDAR CHEESE JAMBON						✓	✓		✓						NO	NO	
SPINACH & FETA ROLL						✓	✓		✓						YES	NO	
QUICHE LORRAINE WITH COMTÉ & MAPLE CURED BACON						✓	✓		✓						NO	NO	
QUICHE WITH GOATS CHEESE, TOMATO, PEPPER & SPINACH						✓	✓		✓						YES	NO	
PULLED CHICKEN, CHORIZO SAUSAGE & MANCHEGO CHEESE QUICHE						✓	✓		✓						NO	NO	
QUICHE PROVENÇALE						✓	✓		✓						YES	NO	
IRELAND ONLY - CAKES /PIES /TARTS																	
THIS FACTORY HANDLES : CELERY, FISH, NUTS , SESAME																	
PASTEL DE NATA						✓	✓	✓	✓						YES	NO	
CHOCOLATE & HAZELNUT TORTE		✓				✓	✓	✓	✓				✓		YES	NO	
FRESH IRISH CREAM BANOFFEE PIE		✓				✓	✓	✓	✓				✓		YES	NO	
IRISH CREAM LIQUEUR & CHOCOLATE SPONGE CHEESECAKE						✓	✓	✓	✓				✓		YES	NO	
FLOURLESS CARROT CAKE		✓				✓	✓	✓	✓				✓		YES	YES	
RASPBERRY & WHITE CHOCOLATE TARTELETTE		✓				✓	✓	✓	✓				✓		YES	NO	
ARYZTA - HOTFOOD IRELAND ONLY - HOTFOOD																	
SWEET & SOUR CHICKEN WITH BROWN RICE		✓					✓	✓			✓	✓			NO	NO	
CHICKEN CURRY WITH BROWN RICE		✓					✓	✓				✓	✓		NO	NO	
BEEF STEW		✓	✓				✓					✓	✓		NO	NO	
CHICKEN FAJITA WITH BROWN RICE						✓	✓	✓			✓	✓	✓		NO	NO	
CHILLI CON CARNE WITH BROWN RICE						✓	✓	✓			✓	✓	✓		NO	NO	
ARYZTA - HOTFOOD IRELAND ONLY - SOUP																	
THIS FACTORY HANDLES : NUTS , SESAME																	
MUSHROOM SOUP						✓						✓			YES	NO	
VEGETABLE & THYME SOUP		✓				✓						✓			YES	NO	
CHICKEN & VEGETABLE SOUP		✓				✓						✓			NO	NO	
TOMATO & BASIL SOUP		✓								✓		✓			YES	NO	

Additional Allergen Advice
MAY CONTAIN TRACES OF CELERY , FISH, NUTS, SESAME SEEDS

AMT COFFEE ALLERGEN INFORMATION - HOSPITALS BARS

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?
CQUIN																
FOOD DOCTOR PINEAPPLE AND COCONUT		✓					✓								YES	YES
FOOD DOCTOR BEETROOT AND CACAO (MAY CONTAIN SUNFLOWER)		✓					✓								YES	YES
FOOD DOCTOR APRICOT AND ALMOND		✓													YES	YES
FOOD DOCTOR FIG AND MANGO		✓					✓								YES	YES
FOOD DOCTOR SMOKIN EDAMAME								✓							YES	YES
FOOD DOCTOR SOUR CREAM & BASIL CRISPS						✓		✓							YES	NO
FOOD DOCTOR THAI SWEET CHILLI								✓							YES	YES
Supplier handles: gluten, peanuts, soya, milk, sulphites																
SNACKING ESSENTIALS SWEET ALMONDS		✓													YES	NO
SNACKING ESSENTIALS CASHEW NUTS		✓													YES	NO
SNACKING ESSENTIALS FRUIT & NUT	✓	✓											✓		YES	NO
SNACKING ESSENTIALS FRUIT & SEEDS													✓		YES	NO
Well & Truly handles: soya and mustard																
WELL&TRULY CRUNCHY CHEESE STICKS						✓									YES	NO
WELL&TRULY CRUNCHY SOUR CREAM & ONION STICKS						✓									YES	NO
WELL&TRULY CRUNCHY SMOKEY PAPRIKA STICKS						✓		✓			✓				YES	YES
LITTLE JUDE'S BANANA MILK 180ML						✓									YES	NO
LITTLE JUDE'S CHOCOLATE MILK 180ML						✓									YES	NO
SNACKS																
OFF THE EATEN PATH																
The factory handles: gluten, soya, milk and sesame																
SOUR CREAM FLAVOUR						✓									YES	NO
SEA SALT FLAVOUR						✓									YES	NO

AMT COFFEE ALLERGEN INFORMATION - SEASONAL

DISH	PEANUTS	NUTS	FISH	CRUSTACEANS	MOLLUSCS	MILK	CEREALS CONTAINING GLUTEN	SOYA	EGGS	SESAME SEEDS	MUSTARD	CELERY	SULPHUR DIOXIDE/ SULPHITES	LUPIN	SUITABLE FOR VEGATARIAN?	SUITABLE FOR VEGAN?
SEASONAL DRINKS																
GINGERBREAD FLAT WHITE						✓									YES	NO
IRISH LATTE						✓									YES	NO
MACARON HOT CHOCOLATE						✓									YES	NO
MULLED TEA															YES	NO
SALTED CARAMEL BLONDIE						✓									YES	NO
SALTED CARAMEL HOT CHOCOLATE WITH SUGAR FREE MARSHMALLOWS						✓									YES	NO
SYRUPS																
IRISH SYRUP															YES	YES
CARAMEL SAUCE						✓									YES	YES
BUTTERSCOTCH SYRUP															YES	NO
DARK CHOCOLATE SAUCES															YES	NO
MACARON SYRUP															YES	YES
SANDWICHES																
The factory handles: gluten, soya, milk and sesame																
ROASTED VEG & WATERCRESS FLATBREAD							✓								YES	YES
CRANBERRY , BRIE & SPINACH TOASTIE						✓	✓	✓							YES	NO
PULLED TURKEY CHRISTMAS FEAST							✓	✓	✓		✓		✓		NO	NO
PULLED TURKEY CIABATTA WITH BRIE						✓	✓	✓	✓		✓				NO	NO
VEGAN FEAST							✓	✓		✓	✓				YES	YES
VEGAN FEAST (IRELAND)							✓	✓		✓	✓				YES	YES
PULLED TURKEY CIABATTA WITH BRIE (IRELAND)						✓	✓	✓	✓		✓				NO	NO
PULLED TURKEY CHRISTMAS FEAST (IRELAND)						✓	✓	✓	✓		✓		✓		NO	NO
CRANBERRY , BRIE & SPINACH TOASTIE (IRELAND)						✓	✓	✓							YES	NO
ROASTED VEG & WATERCRESS FLATBREAD (IRELAND)																
SNACKS																
APRICOT & SUNFLOWER VEGAN BISCUIT							✓						✓		YES	YES
AMT FRANGIPANE MINCE PIE						✓	✓		✓				✓		YES	NO
BROWNIE MILLIONAIRE						✓	✓	✓	✓						YES	NO
GINGER TIFFIN						✓	✓	✓							YES	NO
SPICE STAR SHORTBREAD							✓								YES	NO

Additional Allergen Advice

CONTAINS SUNFLOWER